

Practice Journal

Name: _____ Parent Signature: _____ Class: _____

Session 1 Goals:		Date:
<p>Warm-Up (5 min)</p> <p>Breathing:</p> <p>Tone:</p> <p>Articulation:</p>	<p>Focused <i>Improvement</i> Time (15 min)</p> <p>Section: Strategies:</p> <p>Section: Strategies:</p> <p>Section: Strategies:</p>	<p>Musical Choice (10 min)</p> <p>•</p> <p>•</p> <p>•</p>
Reflection:	Explanation:	
(A true statement about your practice session)	(Explain what you wrote in your reflection. Usually tells WHY or HOW)	

Session 2 Goals:		Date:
<p>Warm-Up (5 min)</p> <p>Breathing:</p> <p>Tone:</p> <p>Articulation:</p>	<p>Focused <i>Improvement</i> Time (15 min)</p> <p>Section: Strategies:</p> <p>Section: Strategies:</p> <p>Section: Strategies:</p>	<p>Musical Choice (10 min)</p> <p>•</p> <p>•</p> <p>•</p>
Reflection:	Explanation:	

